

STAMFORD JCC SWIMMING POOL SCHEDULE

EFFECTIVE NOVEMBER 17, 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30 - 7:45 A.M. Recreation 1 Lane Lap Swim 5 Lanes	5:30 - 6:30 A.M. Recreation 1 Lane Lap Swim 5 Lanes	5:30 - 9:30 A.M. Recreation 1 Lane Lap Swim 5 Lanes	5:30 - 6:30 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	5:30 - 7:45 A.M. Recreation 1 Lane Lap Swim 5 Lanes	
JCC OPENS 7:30 A.M.		6:30 - 7:15 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes		6:30 - 9:30 A.M. Recreation 1 Lane Lap Swim 5 Lanes		JCC OPENS 7:30 A.M.
7:30 - 9 A.M. Recreation 1 Lane Lap Swim 5 Lanes	7:45 - 8:30 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	7:15 - 9:30 A.M. Recreation 1 Lane Lap Swim 5 Lanes			7:45 - 8:30 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	7:30 A.M. - 9 A.M. Recreation 2 Lanes
	8:30 - 9:30 A.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes				8:30 - 10:30 A.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	
9 A.M. - 12 P.M. Recreation 1 Lane Instruction 4 Lanes Lap Swim 1 Lane	9:30 - 11 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	9:30 - 11 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	9:30 - 11 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	9:30 - 11:30 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	10:30-11 A.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	
	11 A.M. - 1:30 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	11 A.M. - 1 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	11 A.M. - 4 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	11:30 A.M.-4 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	11 A.M. - 1 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	
12 - 3 P.M. Recreation 2 Lanes Instruction 1 Lane Lap Swim 3 Lanes	1:30 - 3 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	1 - 2 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes			1 - 2 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	
	3 - 4 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	2 - 4 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes			2 - 6 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	
3 - 4 P.M. Recreation 1 Lane Instruction 2 Lanes Lap Swim 3 Lanes	3 - 4 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes					
4 - 6 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	4 - 6:30 P.M. Recreation 1 Lane Instruction 3 Lanes Lap Swim 2 Lanes	4 - 8 P.M. Recreation 1 Lane Instruction 4 Lanes Lap Swim 1 Lane	4 - 6:30 P.M. Recreation 1 Lane Instruction 3 Lanes Lap Swim 2 Lanes	4 - 8 P.M. Recreation 1 Lane Instruction 4 Lanes Lap Swim 1 Lane	JCC CLOSES 6 P.M.	
JCC CLOSES 6 P.M.		8 - 10 P.M. Recreation 1 Lane Instruction 4 Lanes Lap Swim 1 Lane	6:30 - 10 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes	8 - 9 P.M. Recreation 1 Lane Instruction 4 Lanes Lap Swim 1 Lane		JCC CLOSES 9 P.M.
For information, contact the aquatics office at 203.487.0990.	6:30 - 10 P.M. Recreation 1 Lane Instruction 1 Lane Lap Swim 4 Lanes			9 - 10 P.M. Lap Swim 6 Lanes	Schedule is subject to change.	