

AUGUST REFORMER PILATES SCHEDULE

MONDAYS

TIME	INSTRUCTOR
------	------------

5:30 AM	KAYLA
---------	-------

6:30 AM	KAYLA
---------	-------

9:30 AM	KAYLA
---------	-------

10:30 AM	BRITTANY
----------	----------

12 PM	LAUREN
-------	--------

5:30 PM	KAYLA
---------	-------

TUESDAYS

TIME	INSTRUCTOR
------	------------

6 AM	BRITTANY
------	----------

8:15 AM	BRITTANY
---------	----------

10:30 AM	BRITTANY
----------	----------

5:30 PM	KAYLA
---------	-------

6:30 PM	KAYLA
---------	-------

WEDNESDAYS

TIME	INSTRUCTOR
------	------------

7 AM	LAUREN
------	--------

9:30 AM	KAYLA
---------	-------

12 PM	LAUREN
-------	--------

4:15 PM	BRITTANY
---------	----------

5:20 PM	BRITTANY
---------	----------

THURSDAYS

TIME	INSTRUCTOR
------	------------

7 AM	LAUREN
------	--------

8:15 AM	BRITTANY
---------	----------

9:30 AM	BRITTANY
---------	----------

5:30 PM	BRITTANY
---------	----------

FRIDAYS

TIME	INSTRUCTOR
------	------------

5:30 AM	KAYLA
---------	-------

6:30 AM	KAYLA
---------	-------

8:45 AM	KAYLA
---------	-------

9:40 AM	BRITTANY
---------	----------

SATURDAYS

TIME	INSTRUCTOR
------	------------

8:30 AM	BRITTANY
---------	----------

9:30 AM	BRITTANY
---------	----------

SUNDAYS

TIME	INSTRUCTOR
------	------------

8 AM	KAYLA
------	-------

11:30 AM	KAYLA
----------	-------

- Reformer Pilates classes are for JCC members only.
- Classes are 50 minutes.
- Reservations through your JCC Member Portal are required for Reformer Pilates classes. Registration opens 118 hours (approx. 5 days) in advance. Reserve your spot using your existing vouchers, or authorize a new 10-pack when making your reservation. Voucher purchases will be processed by JCC staff after your booking is submitted for anyone without sessions.

SCAN HERE
TO SIGN UP!



KURIANSKY
STUDIO