

Stamford JCC Legacy Gymnasium Schedule

Effective: April 21, 2025

Time	Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays		
5:00 AM	JCC Opens at 7:15 AM	Open 5 - 7:30 AM	Open 5 - 8 AM	Open 5 - 6 AM	Open 5 - 6 AM	Open 5 - 6 AM	JCC Opens at 7:15 AM		
5:30 AM				Adult 18+ Pickup Basketball 7:30 - 10:00 AM	Pickleball Court A: 8 - 10 AM Court B: 8:30 - 10 AM	Adult 18+ Pickup Basketball 6 - 7:30 AM		Adult 18+ Pickup Basketball 6 - 7:30 AM	Adult 18+ Pickup Basketball 6 - 7:30 AM
6:00 AM						Open 7:30 - 8 AM		Open Court B: 7:30 - 8:30	Open 7:30 - 8 AM
6:30 AM	Adult 18+ Pickup Basketball 7:30 - 10:00 AM	Open Court B: 7:30 - 8:30	Pickleball 8 - 9:30 AM	Pickleball 8 - 9:30 AM	Pickleball Court A: 8 - 10 AM Court B: 8:30 - 10 AM	Open 7:30 - 8 AM	Pickleball Session A 7:30 - 9 AM		
7:00 AM								Pre-School Physical Education Classes 9:30 - 11:30 AM	Open 9:30 - 10 AM
7:30 AM	Open 10 AM - 1 PM	Pre-School Physical Education Classes 10 AM - 12:30 PM	Open 10 - 11 AM	Pickleball Session C 10:30 - 12 PM					
8:00 AM					Open 10 - 3 PM	Open 11:30 AM - 1 PM	Open 12:30 - 1 PM	Open 11:30 AM - 1 PM	
8:30 AM	BWK Soccer 1 - 1:45 PM	Bball Fundamentals 1 - 1:45 PM	Sports Explorers 1 - 1:45 PM	Little Sluggers 1 - 1:45 PM					
9:00 AM					Open 2 - 3 PM	Open 2 - 3 PM	Open 2 - 3 PM	Open 2 - 3 PM	
9:30 AM	Walter Bloom Skills & Scrimmages 3 - 5 PM	Tennis for Tots 3 - 3:45 PM	Tennis for Tots 3 - 3:45 PM	Sports Explorers 3 - 3:45 PM					
10:00 AM					Open 3:45 - 4:15 PM	Basketball Practices 4:15 - 5:45 PM	Basketball FUNDamentals 3 - 3:45 PM	Open 3:45 - 4:15 PM	
10:30 AM	Basketball Practices 4:15 - 5:45 PM	BBall Clinic (Court A) 4 - 5:15 PM BBall Practice (Court B) 4:15 - 5:45 PM	Open 3:45 - 4:15 PM	BBall Clinic (Court A) 4 - 5:15 PM BBall Practice (Court B) 4:15 - 5:45 PM					
11:00 AM					Open 5 - 6 PM	Basketball Practices 4:15 - 7:15 PM	Basketball Practices 4:15 - 7:15 PM	Basketball Practices 4:15 - 5:45 PM	
11:30 AM	Open (Court A) 5:15 - 5:45 PM Open 5:45 - 7:15 PM	Pickleball 5:45 - 7:15 PM	Pickleball 5:45 - 7:15 PM	Basketball Clinics (Court A) 4:15 - 6:15 PM Basketball Practice (Court B) 4:30 - 6 PM					
12:00 PM					Adult Basketball Leagues 6 - 10 PM	Adult Basketball Leagues 7:30 - 10 PM	Adult Basketball Leagues 7:30 - 10 PM	Adult Basketball Leagues 7:30 - 10 PM	
12:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
1:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
1:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
2:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
2:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
3:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
3:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
4:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
4:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
5:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
5:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
6:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
6:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
7:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
7:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
8:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
8:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					
9:00 PM					JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM	
9:30 PM	JCC Closes at 6 PM	JCC Closes at 10 PM	JCC Closes at 10 PM	JCC Closes at 6 PM					

■ Open (For Member Use)

■ Early Childhood/Youth/Afterschool Programs/Day Camp

■ Fitness Class

■ Adult Sports League

■ Adult Sports (Members 18+ Only)

Gymnasium schedule is subject to change. Please refer to our website, www.stamfordjcc.org, or call 203-322-7900 for updates.

The JCC reserves the right to use the gym during open times for JCC programs or events.