PRESENTED BY
The Vogel Family
CENTER FOR EARLY LEARNING

# NOVEMBER JBABY CLASSES & EVENTS

For children Birth - 2 and their parents or caregivers

## CLASS SCHEDULE

### MONDAYS

| | | | |
|---|---|---|---|
| 9:30 – 10:15 AM | BUBBLY BABIES AT THE J | DANIELLE MITTLEMAN | STUDIO B |
| 11:30 AM– 12:15 PM | KIDZONE PLAY | DANIELLE MITTLEMAN | KIDZONE |

### TUESDAYS

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|---|---|---|---|
| 11:15 – 11:45 AM | MOVEMENT EXPLORERS | MEGHAN MEEHAN | STUDIO C |

### WEDNESDAYS

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|---|---|---|---|
| 9:15 – 9:45 AM | MUSIC WITH MR. MIKE | MIKE OEHMAN | STUDIO B |
| 11 AM – 12 PM | FIRST FRIENDS | DANIELLE MITTLEMAN | STUDIO C |

### THURSDAYS

| | | | |
|---|---|---|---|
| 9:30 – 10:15 AM | BABY AND ME ART | SARAH KING | STUDIO B |

### FRIDAYS

| | | | |
|---|---|---|---|
| 9:30 – 10:15 AM | BABY AND ME ART | SARAH KING | STUDIO B |
| 10:30 – 11 AM | SHABBAT SHALOM | ORI ZAFF | STUDIO B |

SCAN THE QR CODE FOR MORE INFORMATION!

FLIP OVER TO THE BACK FOR CLASS DESCRIPTIONS!

## MONTHLY EVENTS




SUNDAY, NOV. 8
10AM-1PM





For more information and to schedule a tour contact Danielle Mittleman at dmittleman@stamfordjcc.org.

@Stamford.JCC @JCCStamford @stamfordjcc.org

STAMFORD J

# CLASS DESCRIPTIONS

## KIDZONE PLAY

### CRAWLING – 30 MONTHS (WITH PARENT OR CAREGIVER)

Balance, climb and slide around our fully padded, newly renovated, Kid Zone play space. Children should be crawling or walking while in our space. Our instructor will be on hand to assist toddlers and parents/ caregivers with the equipment.

## FIRST FRIENDS

### BIRTH – CRAWLING

Come along for a cozy group time where babies can explore, play, and enjoy each other, while parents share stories, tips, and connection. Start coming as soon as you are comfortable bringing your newborn baby. The group is facilitated by the JCC's Director of Early Learning Parenting Center and Programs. Other professionals may be brought in as needed.

## BABY AND ME ART

### UNDER 2.5 YEARS (WITH PARENT OR CAREGIVER)

This 45-minute class is a great opportunity for parents to guide their little ones through the exploration of materials perfectly suited to their innate interests. Join Miss Sarah as you get a story, song and then an art creation to take home each week. The children will also have the opportunity to have different sensory experiences both with the art materials and with the guidance of a caregiver.

## MOVEMENT EXPLORERS

### 1– 2.5 (WITH PARENT OR CAREGIVER)

In this class, your child will get to explore the movement of their bodies with their adult. We will have fun doing some stretching in some yoga-style poses, getting to know where our body parts are, and working on balancing and coordination. We will also move our body in some dance games and tumbling exercises all to improve on our gross motor skills. (This class is recommended for children that are walking.)

## SHABBAT SHALOM WITH ORI

### UNDER 3 YEARS OLD (WITH PARENT OR CAREGIVER)

Join us for a great Shabbat experience. Have your little ones sing and dance to our most popular Shabbat songs and get that Shabbat feeling all over. Join us for a joy-filled gathering where families can sing, dance, and celebrate Shabbat together. Being in the auditorium allows for many of our friends can be together to celebrate Shabbat! Every Shabbat with Ori is perfect for babies, toddlers, and their grown-ups!

## MUSIC WITH MR. MIKE

### BIRTH – 2 (WITH PARENT OR CAREGIVER)

Parents, caregivers, and children will love this developmentally appropriate, participatory singing and movement program. Join Mr. Mike as he plays guitar and leads little ones through engaging songs, movement, and playful activities that encourage connection, coordination, and a love of music—all while creating special moments together.

## BUBBLY BABIES AT THE J

### BIRTH – 2 (WITH PARENT OR CAREGIVER)

Join us for a weekly playgroup where babies and toddlers enjoy exploration, socialization, circle time, music, puppets, story time, and more! This is also a wonderful opportunity for caregivers of young children to socialize and support each other.

Reservations are through your JCC member portal and are required for each child attending class.
Reservations will become available for booking 118 hours (4-days and 22 hours) in advance of the start of the class.

## BABYSITTING AVAILABLE DAILY!

While you're at The J, your children ages 6 months through 6 years stay active and have fun- all within a safe, social, and enrichment environment.

*Reservations are required for each child.*

**SCAN THE QR CODE FOR MORE INFORMATION!**