

MAY

REFORMER PILATES SCHEDULE

MONDAYS

TIME INSTRUCTOR

5:30 AM KAYLA

6:30 AM KAYLA

9:30 AM KAYLA

10:30 AM BRITTANY

12 PM LAUREN **NEW**

5:30 PM KAYLA

TUESDAYS

TIME INSTRUCTOR

6 AM BRITTANY

8:15 AM BRITTANY

10:30 AM BRITTANY

5:30 PM KAYLA

6:30 PM KAYLA

WEDNESDAYS

TIME INSTRUCTOR

7 AM LAUREN **NEW**

9:30 AM KAYLA

12 PM LAUREN **NEW**

4:15 PM BRITTANY

5:20 PM BRITTANY

THURSDAYS

TIME INSTRUCTOR

6 AM LAUREN

7 AM LAUREN **NEW**

8:15 AM BRITTANY **NEW**

9:30 AM BRITTANY

5:30 PM BRITTANY

6:30 PM BRITTANY

FRIDAYS

TIME INSTRUCTOR

5:30 AM KAYLA

6:30 AM KAYLA

8:45 AM KAYLA

9:40 AM BRITTANY

SATURDAYS

TIME INSTRUCTOR

8:30 AM BRITTANY

9:30 AM BRITTANY

11:30 AM BRITTANY

SUNDAYS

TIME INSTRUCTOR

8 AM KAYLA

11:30 AM KAYLA

- Reformer Pilates classes are for JCC members only.
- Classes are 50 minutes.
- Reservations through your JCC Member Portal are required for Reformer Pilates classes. Registration opens 118 hours (approx. 5 days) in advance. Reserve your spot using your existing vouchers, or authorize a new 10-pack when making your reservation. Voucher purchases will be processed by JCC staff after your booking is submitted for anyone without sessions.

SCAN HERE
TO SIGN UP!



KURIANSKY
STUDIO