

SEPTEMBER REFORMER PILATES SCHEDULE

MONDAYS

TIME	INSTRUCTOR
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5:30 AM	KAYLA
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6:30 AM	KAYLA
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9:30 AM	KAYLA
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10:30 AM	BRITTANY
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12 PM	LAUREN
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5:30 PM	KAYLA
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TUESDAYS

TIME	INSTRUCTOR
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6 AM	BRITTANY
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8:15 AM	BRITTANY
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10:30 AM	BRITTANY
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5:30 PM	KAYLA
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WEDNESDAYS

TIME	INSTRUCTOR
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7 AM	LAUREN
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9:30 AM	KAYLA
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12 PM	LAUREN
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4:15 PM	BRITTANY
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5:20 PM	BRITTANY
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THURSDAYS

TIME	INSTRUCTOR
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8:15 AM	BRITTANY
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9:30 AM	BRITTANY
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5:30 PM	BRITTANY
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FRIDAYS

TIME	INSTRUCTOR
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5:30 AM	KAYLA
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6:30 AM	KAYLA
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8:45 AM	KAYLA
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9:40 AM	BRITTANY
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SATURDAYS

TIME	INSTRUCTOR
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8:30 AM	BRITTANY
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9:30 AM	BRITTANY
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SUNDAYS

TIME	INSTRUCTOR
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8 AM	KAYLA
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11:30 AM	KAYLA
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- Reformer Pilates classes are for JCC members only.
- Classes are 50 minutes.
- Reservations through your JCC Member Portal are required for Reformer Pilates classes. Registration opens 118 hours (approx. 5 days) in advance. Reserve your spot using your existing vouchers, or authorize a new 10-pack when making your reservation. Voucher purchases will be processed by JCC staff after your booking is submitted for anyone without sessions.

SCAN HERE
TO SIGN UP!



KURIANSKY
STUDIO